

Jog With the Generals

10K, 5K & 1 Mile Fun Run

Georgia Christian School

4359 Dasher Road, Valdosta, GA

Saturday, March 2, 2019

Finish line services presented by: A Course/Line, LLC of Valdosta

EVENTS: Registration at 7:00am **10K** Starts at 8:00 **5K** Starts at 8:00am **1 Mile** Starts at 9:00am

RACE START LINE: Christian Drive

AWARDS (to be held after the completion of all races):

10K & 5K: 1st place overall Male & Female/ 1st & 2nd place Male & Female in eight different age groups

1 Mile: 1st place overall Male & Female, ribbons for every participant

Mail entry form with check (**payable to Georgia Christian School**) to:

Georgia Christian School
4359 Dasher Road
Valdosta, GA 31601

Or register online
(\$2.50 additional charge)
runsignup.com

OFFICIAL ENTRY FORM 2019 Jog with the Generals 10K, 5K/1 Mile Dash

(One entry per form/Print legibly)

Last Name

First Name

M. I.

Address

City

State

Age DOB Gender Emergency Contact Phone Number

_____ 10K (6.2 miles) Entry fee is \$25.00, after February 22nd, \$30.00

_____ 5k (3.1 miles) Entry fee is \$15.00, after February 22nd, \$20.00

_____ 1 mile Fun Run- Entry fee is \$10.00, after February 22nd, \$15.00

_____ "Ghost runner"- \$25.00 (A "Ghost Runner" will not participate in the race, but receives a long sleeve T-shirt with their entry)

T-SHIRT SIZE: **Youth Sizes:** XS _____ S _____ M _____ L _____ XL _____

Adult Sizes: S _____ M _____ L _____ XL _____ XXL _____

T-SHIRTS:

10K Long Sleeve T-shirts
5K & 1 Mile- Short Sleeve T-shirts
Guaranteed until 2/22/2019

PACKET PICK UP:

Race numbers will be available to pick up on Friday, March 1st
@ GCS middle school office 3pm – 5:30pm

Group Discount

Family of 4 (parents and siblings 18 years and younger)

10K- \$80.00

5K- \$50.00

*All registration forms must be submitted

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED: In consideration of my entry being accepted, I intend to be legally bound and do hereby for myself, my heirs, and executors waive all rights and claims for damages which I may have or which may hereafter accrue to me against Georgia Christian School, volunteers, event personnel, sponsors or any subsidiary or political subdivision thereof, its or their respective officers, agents, representatives, successors, assigns and sponsors for any and all damages or injuries which may be sustained and suffered by me in connection with my association with or entry or participation in this event. If I should suffer injury or illness I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK. (Parent/Guardian signature required for participants under 18 years of age).

Signature

Date